



MADAWASKA VALLEY SKI SPRINTS

Sunday, March 1, 2009

Registration begins at 12 noon at the Four Seasons Trail lodge. See directions at:

http://www.fourseasonstrail.org/Trail_Map.html

Cost: Youth \$2, Adult \$10, and Family \$20

Kids' Terrain Park Course: Come see our terrain park where we will have half moon gates, limbo stick, camel humps and slalom gates. Course distances vary by age. Kids' races begin at 1:00 pm.



Aroostook Cup Course: This year's course is a 6.5 kilometer loop starting from the lodge. Mass start begins at 1:30 pm using classical or freestyle technique. We have a newly added touring division.

Contacts: fourseasonstrail@fourseasonstrail.org, madrec@pwless.net
Madawaska Recreation Department: 728-3604



Spectators/Visitors:

Several snowshoe trail loops allow easy viewing of racers at various points on the course. Bring your snowshoes or rent at the lodge!!! Great spectator spots: Crossover A or the Flag Loop!!

